



## News Update December 2021

Volume XI

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[www.njprevent.com/drugfreetaskforce](http://www.njprevent.com/drugfreetaskforce)



### "A Time to Be"...Living Your Authentic Self

On December 4th from 7-9:30 at Stangl Factory in Flemington our partners at One Voice will be hosting an evening dedicated to creating a safe space for caring and sharing. The event is open to youth, allies, and all ages. Registration is not required.

The **Drug Free Task Force** would like to take this moment to thank our coalition members for all of their hard work during the year to help reduce substance misuse in Hunterdon County. Wishing you and yours a happy and healthy holiday season.



One Voice of



## Hunterdon County Uses Faith to Address Social Issues

“Prevention through the Lens of Faith.” A strong faith is one of the most powerful protective factors in preventing anxiety, depression and substance misuse. Check out this [link](#)

to read more on how we can help protect our youth through faith.

## Cannabis Vaping On the Rise in Teens

The number of teens in America and Canada who vape weed has doubled in recent years, and there is evidence they prefer to use infused oil that delivers a much stronger high. Learn more through this [link](#).



## Check out the most recent podcast from our partners at Positive YOUTH, The Great American Smokeout.

Paige and Erin were honored to have Michelle Mercure, the National Director of Tobacco Policy from the American Lung

Association, join us on this podcast. They were joined by two youth who had a lot to say about vaping and what they see in their schools. Take a listen and be sure to like and subscribe so you don't miss any future episodes.

[YouTube](#)  
[Apple Music](#)

Download **Help App-Prevention Resources** FREE from the App Store

Hunterdon County Hotlines and Resources for Teens & Families

**Help App**

- Drugs/Alcohol
- Suicide/Self-Harm
- Mental Health
- Bullying
- Abuse/Domestic Violence
- Resources

GET THE APP

## Help App

The Help App provides the youth and families of Hunterdon County easy access to local, state, and national resources that can assist them with substance misuse,

mental health, bullying, and other important topics. To download this free app, point your camera to the QR code. Please share this important resource with any young people you may know.



For information on the Drug-Free Task Force, contact Laura Talty at [ltalty@njprevent.com](mailto:ltalty@njprevent.com) or Wendy Sidebottom at [wsidebottom@njprevent.com](mailto:wsidebottom@njprevent.com)  
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The Drug-Free Task Force is a work group with the Partnership for Health. The Drug Free Communities grant is staffed and managed by Prevention Resources Inc.